

## Gazette



## INSIDE:

Activities2-3	Community News4-6
Club news7-9	The Ridge Report10
Wellness News11	Association News12
Golf News13-15	Welcome Back Dance16

# July August 2019

#### WHATS HAPPENING?

Mon	Jul 1	School Supply Drive Starts
Tue	Jul 2	Ice Cream Truck FH 3-4 pm
Thu	Jul 4	Independence Day
Thu	Jul 4	HRH Office Closed
Fri	Jul 5	Bulk Trash
Tue	Jul 9	Ice Cream Truck FH 3-4 pm
Tue	Jul 16	Ice Cream Truck FH 3-4 pm
Tue	Jul 16	Potluck FH 5 pm
Thu	Jul 18	Movie & Ice Cream AR1 1:30 pm
Fri	Jul 19	Bulk Trash
Tue	Jul 23	Ice Cream Truck FH 3-4 pm
Mon	Jul 29	Seminole Hard Rock Tampa
		Casino Trip FH 8 am
Tue	Jul 30	Ice Cream Truck FH 2-4 pm



#### WHAT'S HAPPENING IN August

Fri	Aug 2	Bulk Trash
Mon	Aug 5	Directory Picture Day
		AR1 1-3:30 pm
Tue	Aug 6	Ice Cream Truck FH 3-4 pm
Tue	Aug 13	Ice Cream Truck FH 3-4 pm
Thu	Aug 15	Coffee with Birdy AR1
Thu	Aug 15	Movie & Ice Cream AR1 1:30 pm
Fri	Aug 16	Bulk Trash
Tue	Aug 20	Ice Cream Truck FH 3-4 pm
Tue	Aug 27	Ice Cream Truck FH 3-4 pm
Fri	Aug 30	Bulk Trash

#### **FUTURE EVENTS**

1 1011	Ocpt 2	Labor Day
Mon	Sept 2	HRH Office Closed
Sat	Oct 26	Halloween Party FH 9-11 pm
Wed	Oct 30	Flu Shot Clinic AR1 9:30 am-1:30 pm
Sat	Nov 9	Fall Bazaar Arts & Crafts Fair
		FH 8 am-12 pm
Mon	Nov 11	Veteran's Day Ceremony FH 8:30 am
Sat	Nov 16	Welcome Back Dance FH 7-10 nm



#### **Movie & Ice Cream List**

#### July 18<sup>th</sup> — The Mountain Between Us

Mon Sept 2 Labor Day

**Plot:** Two strangers embark on a dangerous trek to safety after their chartered flight crashes on a remote snowy mountain in Utah. Along the way, the pair begin to develop feelings for each other as they try to stay alive in this stirring romantic adventure.

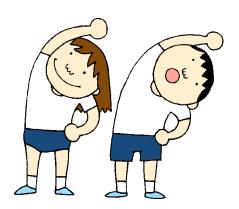
**Actors:** Idris Elba, Kate Winslet, Beau Bridges, Dermot Mulroney, Lucia Walters, Waleed F. Zuaiter, Waleed Zuaiter, Marci T. House, Andres Joseph, Natasha Burnett

#### August 15<sup>th</sup> — A Dog's Way Home

**Plot:** Lucas is a medical student who stumbled upon an orphaned dog he named Bella. The two become inseparable and form a special bond that is put to the test when Bella gets accidentally separated from Lucas. Determined to go back home, Bella sets off on an epic 400 mile adventure and meets new friends, human and otherwise, along the way.

**Actors:** Ashley Judd, Edward James Olmos, Alexandra Shipp, Wes Studi, Barry Watson, Chris Bauer, Tammy Gillis, Jonah Hauer-King, Farrah Aviva, Patrick Gallagher





### PLEASE JOIN OUR NEW SENIOR FITNESS CLASS!

We meet Monday & Friday, 9:30 - 10:30 A.M. in Activities Room I. This is a slow-paced class that follows the "Sit and Be Fit" video by Mary Ann Wilson. Contact Kathy Helmer

for more info @ 973-342-9141 or kdhelmer@yahoo.com. (this class replaces the former B.Y.O.B. class that was held @ 11:00 a.m. on Mon & Fri).

#### **School Supply Drive**

We will begin collecting supplies for our Annual School Supply Drive at the beginning of **July**!

There are supply lists for lifferent grades at

different grades at the office for pick-up.

#### **Labor Day Hot Dog Potluck**

Founder's Hall pool/ gazebo Sunday, August 24, 2019 at noon



#### Directory Picture Day! Monday, August 5, 2019 1:00-3:30 pm in AR1

If you'd like to have a new picture taken for the directory, please call or come into the office to sign up for a time slot. At this time we will not be collecting digital submissions. There will also be a fall date for the seasonal residents. If you have any questions please contact the office.





Bus trip to Tampa Seminole Hard Rock Casino

Monday, July 29, 2019

\$26.00/person

Pick up at FH: 8:00 am Drop off at FH: 4:30 pm

Please come into the office to sign up!





We extend our thanks to all our friends and neighbors who sent thoughts, prayers and cards following the passing of Duane Cruttenden. He was a wonderful husband, father, grandfather and friend to all. We appreciate your expression of love from all who attended his Celebration of Life at St. Agnes Episcopal Church. He will always be remembered. Karen Percy Cruttenden and Family

Thank you to Deb & Bruce, Lee & Trudy, Glenda, Ann & Bobby for your cards & support following the passing of my Mother Maria. May God Bless You! -Mary Roman

Thank You to our Special Friends, Mike and Susan for hosting our 50th at their home. Thank you to those who brought awesome hors d'oeuvres & thank you for all the beautiful 50th anniversary cards! Your love and kindness shows what a special place Highlands Ridge is. Also Thank you to Elke Davis for being our photographer! With Love & God's Blessing Pat & John Yirsa

Thank you Highlands Ridge for the coupons and books! The package donations have been great! On March 7, 2019, we shipped coupons valued at \$23,232.00 & on May 6, 2019 (large box) we shipped coupons valued at \$39,543.00. Sending out half a box soon! Keep them coming! Thanks again—Frankie Orpurt!

For more information on how to support our Troops go to www.supportourtroops.org







Antique cabinet maker's chest—\$600 OBO Please contact Jim Kronyak at (863) 385-4131

Black Iron Wine Rack \$50

Please contact Jeanie Lynch (863) 840-9210

Asking \$130 for table & 4 chairs with cushions. Asking \$50 for table & 4 chairs without cushions. We need space, nothing wrong with table & chairs. **Call or email Bev at (863) 451-5518 or bevcrabtree@outlook.com** 

High Top Bar with 2 swivel bar stools, Perfect for outdoor use! \$90 for bar & stools (40in x 5Ft & 30in depth) Please contact Phyllis Reeves (757) 291-2709

CRITTER SITTERS of Highlands Ridge. Professional care of your pets in your home by Hank and Denise Beauparlant, available year round. Pet First Aid and CPR certified. Years of dog and cat rescue experience. Professional relationship with on call veterinarian. For information call **Denise at 863-368-0208 or Hank at 863-449-0086** 

Local Resident Jim Jackson in Arbor Green has worked in the Antique Business for 50 years. Has bought & sold collectables in London & Shipped European Furniture to Houston for auction. Mr. Jackson has also had his own Antique Store where he refurbished antique furniture & appraised items for insurance purposes. If anyone would like an evaluation on any items please contact Jim (303) 883-3775

#### Welcome to Paradise

Duvall, Carol 2784 E Waterview Dr Avon Park, FL 33825 C.duvall1941@gmail.com (806) 932-1201

Laughlin, Keith & Pam 3242 E Anglers St Avon Park, FL 33825 laughlink00@gmail.com laughlinp820@gmail.com (440) 212-9378 Keith (440) 823-6277 Pam

Nenninger, Barry & Debra 5012 Birkdale Dr Avon Park, FL 33825 barrylne1@gmail.com dah1727@gmail.com (717) 660-9751 Barry (717) 809-7794 Debra Piscitelli, Rick & Sharon 4004 Carter Creek Dr Avon Park, FL 33825 sharonpiscitelli@gmail.com (405) 823-4872 Rick (405) 226-1366 Sharon



Tullar, Rendell & Steven Tullar (Brothers) 4252 North Course Ln Avon Park, FL 33825 krtullar@gmail.com Stullar21@gmail.com (603) 667-5246 Rendell (603) 313-2717 Steven

#### Resident updates

Hooker, Harold & Fran- No Landline/New Cells (863) 414-2273 Harold (863)257-7127 Fran

Murphy, Bill & Lou Ann- No Landline

Reimer, Ken & Deb kreimer1949@gmail.com (kens new email) (705) 606-0450 Ken (705) 606-2753 Deb 308 Yellow Birch Crescent The Blue Mountains ONT L9Y 0Y5 CA Shelley, Terry & Barbara– Summer Address 425 Westchester Dr Findlay, OH 45840

Stewart, Graham & Lynda— No Landline Please use cells only (519) 854-0939 Graham (519) 933-0940 Lynda

#### In Loving Memory

Maria Guzman

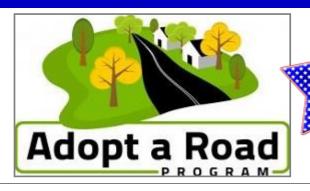
Vicki Blesch

Sylvia Schmitt

Roger Fletcher







#### Adopt A Road

Friday, September 20, 2019
Founder's Hall—8 am
Lunch will be provided in Founder's Hall
beginning at NOON!
We appreciate all of your help!

## Paradise to the Rescue! Please Donate your ...

Manufacturer's Coupons In Administration For Troop's Families

> Domestic Violence Women's Shelter

Aluminum Can Tabs- FH for Shriner's Children's Hospital In Administration

Box Tops & Labels For Education

#### **4 EASY RECYCLING TIPS FOR SUMMER**

#### THROW A GREENER BBQ

Summer is the perfect time to get out and grill with friends and family. But the average BBQ can produce a ton of waste if you don't plan ahead. At your next BBQ, be sure to ditch the paper and plastic goods in favor of reusable dinnerware and napkins. You can also make recycling certain products easier for your guests by using clearly labeled recycling and waste bins. Lastly, keep in mind that any leftover charcoal briquettes can't go to the recycling center, they must go in a non-combustible garbage bin.

#### TAKE A CLOSER LOOK AT YOUR SUNSCREEN

Keeping your family protected from harmful UV rays can be a full-time job during the summer months. But don't forget to take a look at which cans and bottles are recyclable before throwing them out. Most metal sunscreen bottles are made from aluminum, which is a highly recyclable material. Even with their plastic tops, used sunscreen bottles can be tossed in with your other recyclables.

#### REPURPOSE OLD BEACH ACCESSORIES

While you may have many great memories attached to those old sand pails and shovels, over time they can begin to break down. The same rule applies to old lawn chairs and umbrellas. For any broken plastic items, check to see which type of plastic they are made from before taking them to the recycling center. Or get creative and try incorporating sand pails and shovels into your home garden.

#### **GET YOUR WORKOUT IN**

Enjoy the beautiful summer weather by skipping quick car rides. By walking, biking, skateboarding or rollerblading to nearby destinations —you can reduce your carbon footprint this summer. And if you're interested in going the extra mile, try your hand at summer gardening by investing time at your local community garden! You'll love the extra time outdoors and your family will (hopefully) get to reap the rewards of your green thumb.

#### 3 Gen's Grill

The 3 Gen's Grill is happy and excited to announce and inform you that the South Course formerly known as The Paradise Grill will be opening shortly!!!! We will introduce a creative menu of your favorite burgers, sandwiches, soups, salads and more. All at affordable prices to better serve you. Dinners will be served 4 nights a week as well until 8 pm, with different home-style choices to choose from.

You can also enjoy a pitcher of beer or mixed drinks at our full service bar.

Along with happy hour specials each week day!!!!

Good quality service and food with Great Hospitality is our priority.

We are a family run business and look forward to meeting and serving!









Pickleball By: Susan Ingram

Highlands Ridge Pickleball Club is very proud of one of our own players. Susan says, "What is so great about playing in tournaments is meeting so many wonderful people; old friends and new ones. We are all there to compete and have fun.

The game is addictive".









**Book Club News** By: Mary Harden, *Resident* 



During the summer bookclub hiatus, a suggestion has been made that we have a combination book/movie event and discuss both. "The Yearling (novel by Marjorie Kinnan Rawlings) has been recommended and we are finalizing plans to view the movie in the activity room. You can get a copy of the book at either the Sebring or Avon Park library. If interested in participating, please contact me for scheduling updates.

Save the date for our next official book club meeting which will be held at 1:30 pm on Thursday October 10<sup>th,</sup> in the library. Our selection for this date is *Where the Crawdads Sing*, By Delia Owens.

#### **Library News**:

Thanks to all the folks that have donated a lot of new books to our library!! When you stop by the library looking for some summer entertainment, be sure to check out the "new arrivals" area on the left end of the computer desk and the additional overflow area below romance and above health on the shelf right inside the back door.

Some of the new arrivals are:

Police, by Jo Nesbo; The First Lady, by James Patterson

Blood Oath, by Linda Fairstein; Spying on the South, by Tony Horwitz

Code of Valor and Called to Protect, by Lynette Eason

The Perfect Alibi, by Phillip Margolin; Black and Blue, by David Rosenfelt

Verses for the Dead, by Preston and Child

#### Suggested Reading:

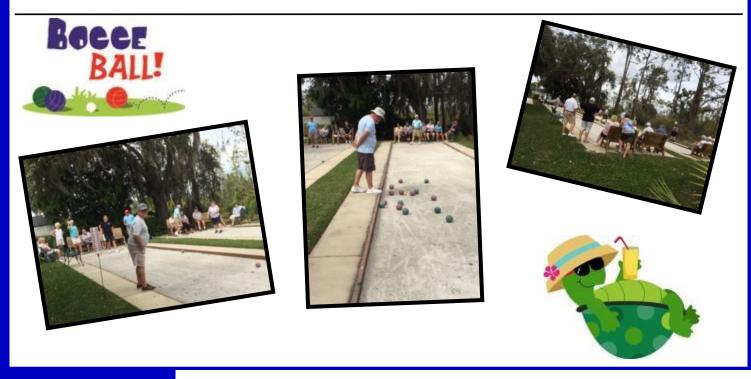
Dark Sacred Night, by Michael Connelly

The unsolved murder of a fifteen-year-old runaway brings together for the first time two powerhouse detectives in a riveting story that unfolds with furious momentum.

Every Breath, by Nicholas Sparks

Two strangers cross paths at Sunset Beach, NC and feel an immediate connection. Their feelings will give way to choices that pit family duty against personal happiness in devastating ways. How long can a dream survive??

Missing: DVD, Anne of Green Gables. The cover was returned empty.



**Progressive Rummy** 12:00 pm Thursday AR2 All are welcome!

Easy game to learn! If you have any questions feel free to contact the office.



**Bunco** is going strong on Tuesdays at 6:30 pm in Founder's Hall

All Welcome! Few rules, just have to know your numbers! Bring a dollar.



#### **Attention Poker Players**

Texas Hold'em ladies tournament Monday 5:00 p.m. Omaha Hi/Lo all players Tuesday 6:00 p.m. Texas Hold'em all players Thursday 6:00 p.m. All games are held in the Activities Room. Tournaments are held every week if we have enough players and no other conflicts. Please call or e-mail Steve or Georgia Trissell for details.



#### **Attention Cribbage Players**

Recruiting cribbage players for Monday nights at 6:30 in Founder's Hall. Lessons available and we are willing to teach for a lifetime enjoyment. All are welcome!

Please call John & Pat Yirsa at 517-899-8195



#### **Wednesday Morning Bingo**

Is still going...An hour of luck! 0.50 cents a card Founder's Hall at 10:00 am





#### **Sneaky Card Game**

Play some sneaky & have some fun! It's easy to learn & fast to play Bring some nickels & dimes Founder's Hall Thursday's at 1:30 pm If you have any questions please call Ronnie Dail at (863) 273-3945

#### **Attention Bridge Players**

Are you interested in forming a Marathon Bridge League? Do you know what a Marathon Bridge League is? All lady bridge players are invited to attend an informational meeting on May 26th at 1:00 pm in Founder's Hall. The purpose of the meeting is to explore the possibility of starting a Marathon Bridge League in Highlands Ridge. Please call Sally Harris at (863) 314-0041 or Nancy Jarrett at (863) 449-1255 for more information.





The Ridge Report

By: Birdy Whitehouse, *Property Manager* ~ <u>birdy@highlandsridge.com</u>



Hello everyone! We have some exciting news and some updates in Paradise!!

Highlands Ridge Holdings is very excited and wishes to extend a warm welcome to 3 Gen's Grill. I hope that each and everyone of you come out to support this family in their goal to provide a great restaurant here in our community on the south course.

Updates in the common areas and amenities area include:

- 1. All the miami curbing (curb around the roads) within the Highlands Ridge community will be pressured washed. The mobile pressure washing company has already started the project. The company should have this project completed by the end of the first week in July.
- 2. Summer flowers planted at the NC and SC entrances and Founder's Hall.
- 3. We attempted to reseal the pavers at Founder's Hall pool deck area but did not succeed. When this project is back on schedule, the administrative office will email blast you with notification of the dates.
- 4. The North Lot in the RV/boat storage area will be shell rocked some time this summer. Management is waiting on a date from the vendor of the start date of this project. This means all the boats/RV's, trailers, etc. will have to be removed and stored elsewhere temporarily. We will notify each lot lessee once management has more details. If you plan to leave for an extended period of time and leave your vessel here, please email or call me to discuss this matter.

I would like to mention the HR HOA's and MC HOA's email blast regarding speeding in our community. Speeding is a daily concern in Highlands Ridge. Please, please for the safety of all DO NOT SPEED. Leave a little earlier for that tee time or that doctor's appointment and remember, you are retired, slow down and smell the roses, you should be enjoying the beautiful scenery that Highlands Ridge has to offer.

The "Fun in the Sun Day" will be rescheduled in April from hereon.

Please call for an appointment to have something notarized. I notarize documents on a daily basis and some of the documents are pretty lengthy. It is only courtesy to call especially since it is a free service.

The Gazette will return to monthly publications starting in September. Please remember to submit your article by the 15th of the month to gazette@highlandsridge.com only.











Let's Keep Highlands Ridge Beautiful!



#### SUMMER HYDRATION

#### **Drink plenty of fluids**

Many people have heard the common advice to drink eight cups of water every day. While this is a good number to go off of, a person should drink more or less according to their needs. Pay attention to your body and drink more if you feel thirsty, are getting headaches or feeling lightheaded. You should drink water throughout the day, but any liquid counts toward your intake. One exception is alcohol, which can actually make you dehydrated. So enjoy your water, milk, coffee and juice, but be aware of the extra calories and sugar.

#### Eat your fluids too

Your craving for watermelon during the summer has its benefits. Fruits and vegetables with high water content can help you stay hydrated.

Watermelon, oranges, cucumbers, grapes and many other foods contain a lot of water. If you're having a hard time drinking enough fluids, eating fruits and vegetables can be beneficial.

#### **Coconut water forever**

Packed with electrolytes, coconut water can be incredibly refreshing on hot days. One important caveat: As Renee Clerkin, RD, told *Health* in a prior article, you should stick to plain coconut water, which doesn't contain added sugar, and don't substitute it wholesale for water. (Unlike water, it contains calories!)

#### Drink before, during and after exercise

Don't wait until after your workout to guzzle a gallon of water. For the best hydration, and the best workout, drink fluids before, during and after you exercise. Drink a cup of water at least four hours before a workout and then half a cup every 10 or 15 minutes while you exercise. Weigh yourself before and after you exercise to determine how much water you lost and drink enough after the workout to double that amount. Not only will this help your body stay hydrated, but it will give you the energy you need to have a good workout as well.

#### Don't wait until you are thirsty

Don't start drinking only when you begin to feel thirsty. Once you feel thirsty, you are already in the beginning stages of dehydration. The best way to stay hydrated is to space out your fluid intake throughout the day and drink before you feel like you need to.

#### Pay attention to how much kids drink

Keeping kids hydrated can be difficult, especially as they get older. Give them something to drink with every meal and make sure they are drinking water when they play outside or exercise. Watch them for signs of dehydration and make sure they are getting the fluids they need.

#### Keep an eye on what goes out as much as what's going in

Keeping an eye on the color of your urine can help you monitor your hydration levels. "I often suggest that people base their fluid input on their fluid output," Soolman says. "If someone is urinating every hour or two and the urine is a light lemonade color, they are probably taking in sufficient fluid. If the color is darker and/ or they are urinating less frequently, they could probably use more fluid coming in."





**Highlands Ridge HOA**By: Willie Faye Myers, *Secretary* 

Summer Greetings from the HRHOA!

We recently posted notice on Constant Contact from Bonnie Devantoy, announcing the upcoming opening of the 3 Gen's Grill at the south course restaurant. It will be a family run business with daily lunches, and dinner served 4 nights a week. Please stop in and welcome them, and support them.

Let's make it a win-win situation for everyone!

The Board continues to pursue assignment of Declarants rights in the Covenants to the HR HOA Board. The Declarant is now being represented by local counsel, so hopefully we are making some progress in our pursuit.

If you are a HRHOA member and not receiving our Constant Contact communications, please email wfdmyers5539@gmail.com if you wish to be on the list.

There will not be any Board meetings in July or August. Next meeting will be September 9, 2019 @4 pm in Founder's Hall. We hope to see you there.



**Marina Cove HOA**By: Bobbie Hutchinson, *Secretary* 

Constant Contact, Inc. is an online marketing company headquartered in Waltham, Massachusetts and is the service we use to keep you informed via emails. Only one email address per residence is permitted; if you want to change your email address for this service, please contact me by email or phone, listed below. Once we've sent an email to MC residents, we're able to track results: opens, click-throughs, bounces, and unsubscribe requests. It's very helpful for us to know that you ARE opening and reading our messages! This service is just one of our MCHOA expenses and is vital to our keeping in touch with you! You may REPLY to these emails and your response comes directly to my email address.

Contact me at <a href="https://hutchinsonr503@gmail.com">hutchinsonr503@gmail.com</a> or 863-471-0655. Your MCHOA Board of directors is busy planning some fun new activities for July & August! Please watch for emails announcing details!

We are excited about the reopening of our South course restaurant! Expected to open August 1<sup>st</sup>, **3 Gen's Grill** will be open Wed-Sat for dinners til 8 p.m.; Bonnie Devantoy & family will offer homestyle food choices and full bar with Happy Hour specials. Let's all show our support for the grill....see you there!

Thanks to those who've remitted their annual \$10.00 dues; if you haven't done so, please send a check to **MCHOA**, mail to Sherri Scott, 2822 S Mainsail Dr., Avon Park, FL 33825. **HAVE A SAFE & FUN SUMMER** !!!!



## HIGHLANDS RIDGE DIVORCE OPEN 2019 22<sup>nd</sup> ANNIVERSARY

Thursday, Nov 21 & Friday, Nov 22 Shotgun start @ 12:30 Awards Night Saturday, Nov. 23 @ 5pm (BYOB)

Includes 2 days of golf, Thursday evening cocktails, Saturday buffet dinner, gifts and awards

Cost \$35 per person for Members

Non-Members pay \$105 per person - includes green fees and the above

Make Checks payable to HRLGA.



**LGA 9-Hole News**By: Mary Ann Beyer, *President* 



#### Highlands Ridge LGA 9-Hole League

Would like to once again introduce ourselves to all the Lady Folk/Women/Girls/Gals/Golfers/Non-Golfers - One and ALL It's never too late to learn a new skill It is important to learn something new every day...

Therefore - Join us

We have a wonderful group of ladies who enjoy golf but don't want to play 18 holes for any number of reasons.

We enjoy luncheons, dinners, dances, and other events throughout the year, along with our biweekly golf games and various tournaments.

Our golf days (Mondays (S course) and Wednesdays (N course) can be played as often or seldom as your schedule allows.

LGA 9-Hole League dues are \$17.00 a year. We charge a \$2.00 fee for the game, in addition to your normal greens fee, depending on whether (or not) you are a HRGC member. The "winners" receive "white money" which can be used in the pro shop or The Tavern for merchandise, food, or drinks. White money is good for one year.

If you would like more information about this league, please contact one of the officers: President – Mary Ann Beyer <a href="maryann.beyer@yahoo.com">maryann.beyer@yahoo.com</a> 1-701-680-2221

Vice President – Carolann Smith <u>cmcasmith@aol.com</u> 863-201-7976

Treasurer – Susan Ingram <u>susaningram1969@gmail.com</u>1-231-263-7472

Secretary – Carla Hebert <u>scad2@hotmail.ca</u> 863-393-8443,

chat with any of the members, or find more information on our Website at: www.HighlandsRidge9holeLGA.com

Thanks for taking the time to read this. We hope you consider joining us.

Highlands Ridge is a warm, caring community with 2 privately-owned golf courses. It is nice to get to know your great neighbors, get some exercise, perfect your game, share the comradery, and so much more. Hope to see you soon.



**LGA NEWS**By: Nancy Owens, *President* HRLGA18@gmail.com



Let's take a moment and review rule 3-5 of the USGA Handicap

System. Since the LGA has started teeing it forward, we recognize there have been challenges and opportunities as we explore just how to tee it forward. This is a perfect time to ensure we all have facts to reference as we come back together this fall.

The key to understanding the adjustment according to Section 3-5 and 9-3C of "the USGA Handicap System" is to understand the definitions of Handicap Index and Course Handicap. A Handicap index is based on a standard calculation for everyone who has one. Next, the player converts a Handicap Index to a Course Handicap based solely on the Slope Rating of the Tees to be played. (Handicap Index x Slope/113 (standard slope rating)). Example - my index 16.4 x North Course Red Slope of 117 / 113 equals my handicap of 17. Course Handicap adjusts a player to a whole number of strokes needed to play to that tee's USGA Course Rating. When a Difference in USGA Course Rating Exists among players, an adjustment MUST be made in order for the competition to be equitable. The USGA Course rating reflects the probable score of a scratch golfer, the lower-rated course is less difficult, and the player's Handicap must be adjusted. The Course ratings for the North Course are Red: 69.4, Combo (CAW) 66.0 and Aqua 63.2; therefore anyone playing CAW against Red would adjust their Handicap down 3 Strokes (normal rounding rules applied) and someone playing Aqua against Red would adjust their Handicap down 6 stokes.

Note: A Handicap index is not established or developed from a particular set of tees (Sections10), it's based on a standard differential calculation. Simply put: Section 10-2 states that - If a player's scoring record contains 20 scores, the best 10 Handicap Differentials of the most recent 20 scores are used to calculate the handicap index. Math looks like this:

Gross Score - USGA Course Rating	95-71.5 = 23.5
Difference x Standard Slope Rating	23.5 x 113 = 2655.5
Result / Slope Rating	2655.5/125 =21.24
Handicap Differential (rounded)	21.2
, ,	

Total of the 10 lowest Handicap differentials	154.8
Average (154.8/10)	15.48
Average multiplied by .96	14.861
Delete all digits after tenths	14.8
Handicap Index	14.8



Reference source: USGA Handicap System reference Guide.

Over the course of the last couple of months - I've been able to read thru all the minutes from the last 5 -6 years. One thing I read that resonated with me was exploring a new Mission statement - I don't think it was ever really changed but it touched me. "Through the game of golf and mission of the HRLGA is for players of all skill levels to meet each other and to appreciate, respect and enjoy each other's skills and efforts."

Enjoy the last of your summer. Golf is good for our souls.....

**MGA News**By: Phil Hunter, Secretary

Hope everyone who left Highlands Ridge to go north has arrived safely to your summer home. We've heard from residents still there that the rains have finally begun to fill up the ponds and to water the courses that were getting dry in May. Many residents feel the North Course is in the best condition it's been in in years. Congratulations Joe and Pam and Paradise Pride!

Congratulations also to Bob Walker who aced hole #15 at the South Course on April 17! MGA witnesses were Pat Shine, Bob Morrill and Bob Gray so Bob received \$50 from the MGA for his accomplishment.

And the most recent hole-in-one was by Dick Morenzoni on June 4th on hole #16 at the North Course. MGA member, John Flaherty, was a witness and noted that Dick shot a 72 that day!

#### HERE ARE THE TEAM RESULTS OF THE FINAL PLAY WITH A PRO EVENT IN APRIL:

1st Flight: Shine/Hobbs 59, C.Smith/Moore 60, Morrill/Hunter 61, Greene/Dundas 62

2nd Flight: Robinett/Marshall 58, Ingram/D.Stewart 59, W.Jones/Haas 59, Bennett/Wade 59

3rd Flight: Olesek, Gray 54, Beastrom/Becker 58, Murphy/Martens 59

#### INDIVIDUAL WINNERS WITH THEIR PROS ARE:

Jess Moore/Brooks Koepka 133 Marshall/Aphibarnrat 132 Beastrom/Rahm 131

#### SEASON LONG INDIVIDUAL POINTS WINNERS ARE:

Blended tees: 1st - Hunter, 2nd - Hobbs, Morrill, Shine

Gold tees: 1st - Lawson, 2nd - D. Stewart, 3rd - Becker, 4th - Olnhausen

Next year's season long points payouts of \$100, \$75, \$50, \$25 to four blended and four gold tee players will need to be adjusted due to the difference in numbers of players in the blended vs. the gold tees. The Board will be addressing this issue before our next Play with a Pro in January and we will share that information with all MGA members.

Happy summer golfing wherever you are!



In 2002, the Florida Fish and Wildlife Conservation Commission made it illegal to feed Sandhill cranes.



(Florida Fish and Wildlife Code 68A-4.001)

Cranes that have been fed by humans typically can become aggressive toward people. Cranes also are more likely to tangle in human garbage in areas populated by people.



#### CONTACTS

Administration Phone: 863-471-1115 Fax: 863-471-3398

The Tavern 863-453-7600

Golf Courses North: 863-453-9991 South: 863-471-2299

Highlands County Sheriffs Dept. EMERGENCY 911 Non-emergency 863-402-7200

Highlands County Recycling 863-655-6400

Animal Control 863-655-6475

Duke Energy 800-228-8485 Outages 800-700-8744 Service

City of Sebring Utilities Department 863-471-5112 / 471-0166

> Century Link I-800-788-3600

Comcast Cable 1-800-934-6489

Waste Connections Garbage Collection 863-655-0005





