



# Wellness Calendar

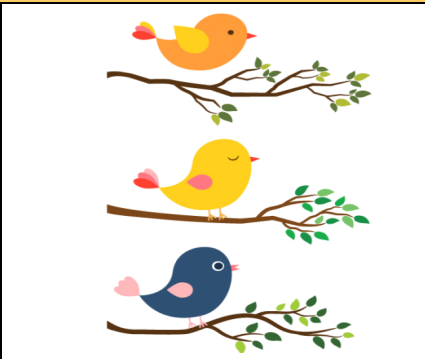
# May, 2019

AR 1= Activities Room 1  
AR 2= Activities Room 2  
AR 3=Activities Room 3

FH = Founder's Hall  
LB = Library  
PBC= Pickle Ball

FP = Founder's Hall Pool  
VP = Villa Pool

Sunday      Monday      Tuesday      Wednesday      Thursday      Friday      Saturday

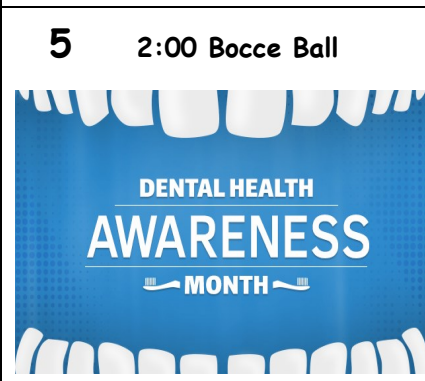


**1**  
 8:00 Fitness Together FH  
 8:00 PB Drills/Practice PBC  
 9:00 PB Open Play PBC  
 9:15 H2O Aerobics w/Dot FP  
 2:00 PB Advanced Play PBC

**2**  
 7:30 WAMBAM AR 2  
 8:00 Fitness Together FH  
 8:00 PB Drills/Practice PBC  
 9:00 PB Open Play PBC  
 9:15 H2O Aerobics w/Betty FP  
 2:00 PB Adv. Play Men's PBC

**3**  
 8:00 Fitness Together FH  
 8:00 PB Drills/Practice PBC  
 9:00 Open Play PBC  
 9:15 H2O Aerobics w/ Dot FP  
 9:30 Senior Fitness Class AR 1  
 2:00 PB Advanced Play PBC

**4**  
 10:00 Open Tennis TC  
 10:15 H2O Aerobics w/Betty FP  
 3:00 Shuffleboard



**5** 2:00 Bocce Ball  
**6**  
 8:00 Fitness Together FH  
 8:00 PB Drills/Practice PBC  
 9:00 PB Open Play PBC  
 9:15 H2O Aerobics w/ Dot FP  
 9:30 Senior Fitness Class AR1  
 2:00 PB Advanced Play PBC


**7**  
 8:00 Fitness Together FH  
 8:00 PB Drills/Practice PBC  
 8:30 Yoga w/ Sylvia AR 1  
 9:15 H2O Aerobics w/Betty FP  
 10:00 Pickle Pals PBC  
 2:00 PB Advanced Play PBC

**8**  
 8:00 Fitness Together FH  
 8:00 PB Drills/Practice PBC  
 9:00 PB Open Play PBC  
 9:15 H2O Aerobics w/Dot FP  
 2:00 PB Advanced Play PBC

**9**  
 7:30 WAMBAM AR 2  
 8:00 Fitness Together FH  
 8:00 PB Drills/Practice PBC  
 9:00 PB Open Play PBC  
 9:15 H2O Aerobics w/Betty FP  
 2:00 PB Adv. Play Men's PBC

**10**  
 8:00 Fitness Together FH  
 8:00 PB Drills/Practice PBC  
 9:00 Open Play PBC  
 9:15 H2O Aerobics w/ Dot FP  
 9:30 Senior Fitness Class AR 1  
 2:00 PB Advanced Play PBC

**11**  
 10:00 Open Tennis TC  
 10:15 H2O Aerobics w/Betty FP  
 3:00 Shuffleboard




**12** 2:00 Bocce Ball  
**13**  
 8:00 Fitness Together FH  
 8:00 PB Drills/Practice PBC  
 9:00 PB Open Play PBC  
 9:15 H2O Aerobics w/ Dot FP  
 9:30 Senior Fitness Class AR1  
 2:00 PB Advanced Play PBC

**14**  
 8:00 Fitness Together FH  
 8:00 PB Drills/Practice PBC  
 8:30 Yoga w/ Sylvia AR 1  
 9:15 H2O Aerobics w/Betty FP  
 10:00 Pickle Pals PBC  
 2:00 PB Advanced Play PBC

**15**  
 8:00 Fitness Together FH  
 8:00 PB Drills/Practice PBC  
 9:00 PB Open Play PBC  
 9:15 H2O Aerobics w/Dot FP  
 2:00 PB Advanced Play PBC

**16** **One Blood Drive**  
**FH 12-5 pm**  
 7:30 WAMBAM AR 2  
 8:00 Fitness Together FH  
 8:00 PB Drills/Practice PBC  
 9:00 PB Open Play PBC  
 9:15 H2O Aerobics w/Betty FP  
 2:00 PB Adv. Play Men's PBC

**17**  
 8:00 Fitness Together FH  
 8:00 PB Drills/Practice PBC  
 9:00 Open Play PBC  
 9:15 H2O Aerobics w/ Dot FP  
 9:30 Senior Fitness Class AR 1  
 2:00 PB Advanced Play PBC

**18**  
 10:00 Open Tennis TC  
 10:15 H2O Aerobics w/Betty FP  
 3:00 Shuffleboard


**19**  
 2:00 Bocce Ball

**20**  
 8:00 Fitness Together FH  
 8:00 PB Drills/Practice PBC  
 9:00 PB Open Play PBC  
 9:15 H2O Aerobics w/ Dot FP  
 9:30 Senior Fitness Class AR1  
 2:00 PB Advanced Play PBC

**21**  
 8:00 PB Drills/Practice PBC  
 8:30 Yoga w/ Sylvia AR 1  
 9:15 H2O Aerobics w/Betty FP  
 10:00 Pickle Pals PBC  
 2:00 PB Advanced Play PBC

**22**  
 8:00 Fitness Together FH  
 8:00 PB Drills/Practice PBC  
 9:00 PB Open Play PBC  
 9:15 H2O Aerobics w/Dot FP  
 2:00 PB Advanced Play PBC

**23**  
 7:30 WAMBAM AR 2  
 8:00 PB Drills/Practice PBC  
 9:00 PB Open Play PBC  
 9:15 H2O Aerobics w/Betty FP  
 2:00 PB Adv. Play Men's PBC  
**World Turtle Day**



**24**  
 8:00 Fitness Together FH  
 8:00 PB Drills/Practice PBC  
 9:00 Open Play PBC  
 9:15 H2O Aerobics w/ Dot FP  
 9:30 Senior Fitness Class AR 1  
 2:00 PB Advanced Play PBC

**25**  
 10:00 Open Tennis TC  
 10:15 H2O Aerobics w/Betty FP  
 3:00 Shuffleboard



**26** 2:00 Bocce Ball  
**27**  
 8:00 PB Drills/Practice PBC  
 9:00 PB Open Play PBC  
 9:15 H2O Aerobics w/ Dot FP  
 9:30 Senior Fitness Class AR1  
 2:00 PB Advanced Play PBC

**28**  
 8:00 PB Drills/Practice PBC  
 8:30 Yoga w/ Sylvia AR 1  
 9:15 H2O Aerobics w/Betty FP  
 10:00 Pickle Pals PBC  
 2:00 PB Advanced Play PBC

**29**  
 8:00 Fitness Together FH  
 8:00 PB Drills/Practice PBC  
 9:00 PB Open Play PBC  
 9:15 H2O Aerobics w/Dot FP  
 2:00 PB Advanced Play PBC

**30**  
 7:30 WAMBAM AR 2  
 8:00 PB Drills/Practice PBC  
 9:00 PB Open Play PBC  
 9:15 H2O Aerobics w/Betty FP  
 2:00 PB Adv. Play Men's PBC

**31**  
 8:00 Fitness Together FH  
 8:00 PB Drills/Practice PBC  
 9:00 Open Play PBC  
 9:15 H2O Aerobics w/ Dot FP  
 9:30 Senior Fitness Class AR 1  
 2:00 PB Advanced Play PBC

