

Sunday Monday Tuesday Wednesday Thursday Friday Saturday



Celebrate
Adopt a Senior Pet Month!



<p>4</p> <p>1:00 Bocce Ball</p>	<p>5</p> <p>8:00 Fitness Together FH 8:00 PB Drills/Practice PBC 9:00 PB Open Play PBC 9:15 H2O Aerobics w/Dot FP 11:00 Senior Fitness Class AR 2:00 PB Advanced Play PBC</p>	<p>6</p> <p>8:00 Fitness Together FH 8:00 PB Drills/Practice PBC 8:30 Yoga w/Sylvia AR 9:15 H2O Aerobics w/Betty FP 10:00 Pickle Pals PBC 2:00 PB Advanced Play PBC</p>	<p>7 Body Transformations AR 4 pm</p> <p>8:00 Fitness Together FH 8:00 PB Drills/Practice PBC 9:00 PB Open Play PBC 9:15 H2O Aerobics w/Dot FP 2:00 PB Advanced Play PBC</p>	<p>1</p> <p>7:30 WAMBAM - MR 8:00 Fitness Together FH 8:00 PB Drills/Practice PBC 9:00 Tennis Open Play 9:00 PB Open Play PBC 9:15 H2O Aerobics w/Betty FP 2:00 PB Adv. Play Men's PBC</p>	<p>2</p> <p>8:00 Fitness Together FH 8:00 PB Drills/Practice PBC 9:00 PB Open Play PBC 9:15 H2O Aerobics w/Dot FP 11:00 Senior Fitness Class AR 2:00 PB Advanced Play PBC</p>	<p>3</p> <p>10:00 Tennis Open Play 10:15 H2O Aerobics w/Betty FP</p> <p>National Sandwich Day</p>
<p>11</p> <p>1:00 Bocce Ball</p>	<p>12</p> <p>8:00 Fitness Together FH 8:00 PB Drills/Practice PBC 9:00 PB Open Play PBC 9:15 H2O Aerobics w/Dot FP 11:00 Senior Fitness Class AR 2:00 PB Advanced Play PBC</p>	<p>13</p> <p>8:00 Fitness Together FH 8:00 PB Drills/Practice PBC 8:30 Yoga w/Sylvia AR 9:15 H2O Aerobics w/Betty FP 10:00 Pickle Pals PBC 2:00 PB Advanced Play PBC</p>	<p>14</p> <p>8:00 Fitness Together FH 8:00 PB Drills/Practice PBC 9:00 PB Open Play PBC 9:15 H2O Aerobics w/Dot FP 2:00 PB Advanced Play PBC</p>	<p>15</p> <p>7:30 WAMBAM - MR 8:00 Fitness Together FH 8:00 PB Drills/Practice PBC 9:00 Tennis Open Play 9:00 PB Open Play PBC 9:15 H2O Aerobics w/Betty FP 2:00 PB Adv. Play Men's PBC</p>	<p>16</p> <p>8:00 Fitness Together FH 8:00 PB Drills/Practice PBC 9:00 PB Open Play PBC 9:15 H2O Aerobics w/Dot FP 11:00 Senior Fitness Class AR 2:00 PB Advanced Play PBC</p>	<p>17</p> <p>10:00 Tennis Open Play 10:15 H2O Aerobics w/Betty FP</p> <p>National Adoption Day</p>
<p>18</p> <p>1:00 Bocce Ball</p> <p>Mickey Mouse's Birthday</p>	<p>19</p> <p>8:00 Fitness Together FH 8:00 PB Drills/Practice PBC 9:00 PB Open Play PBC 9:15 H2O Aerobics w/Dot FP 11:00 Senior Fitness Class AR 2:00 PB Advanced Play PBC</p>	<p>20</p> <p>8:00 Fitness Together FH 8:00 PB Drills/Practice PBC 8:30 Yoga w/Sylvia AR 9:15 H2O Aerobics w/Betty FP 10:00 Pickle Pals PBC 2:00 PB Advanced Play PBC</p>	<p>21</p> <p>8:00 Fitness Together FH 8:00 PB Drills/Practice PBC 9:00 PB Open Play PBC 9:15 H2O Aerobics w/Dot FP 2:00 PB Advanced Play PBC</p>	<p>22 Thanksgiving Day HRH Office Closed</p> <p>7:30 WAMBAM - MR 8:00 PB Drills/Practice PBC 9:00 Tennis Open Play 9:00 PB Open Play PBC 9:15 H2O Aerobics w/Betty FP 2:00 PB Adv. Play Men's PBC</p>	<p>23 HRH Office Closed</p> <p>8:00 PB Drills/Practice PBC 9:00 PB Open Play PBC 9:15 H2O Aerobics w/Dot FP 11:00 Senior Fitness Class AR 2:00 PB Advanced Play PBC</p>	<p>24</p> <p>10:00 Tennis Open Play 10:15 H2O Aerobics w/Betty FP</p>
<p>25</p> <p>1:00 Bocce Ball</p>	<p>26</p> <p>8:00 Fitness Together FH 8:00 PB Drills/Practice PBC 9:00 PB Open Play PBC 9:15 H2O Aerobics w/Dot FP 11:00 Senior Fitness Class AR 2:00 PB Advanced Play PBC</p>	<p>27 Alzheimer/Dementia Group AR 2 pm</p> <p>8:00 Fitness Together FH 8:00 PB Drills/Practice PBC 8:30 Yoga w/Sylvia AR 9:15 H2O Aerobics w/Betty FP 10:00 Pickle Pals PBC 2:00 PB Advanced Play PBC</p>	<p>28</p> <p>8:00 Fitness Together FH 8:00 PB Drills/Practice PBC 9:00 PB Open Play PBC 9:15 H2O Aerobics w/Dot FP 2:00 PB Advanced Play PBC</p>	<p>29</p> <p>7:30 WAMBAM - MR 8:00 Fitness Together FH 8:00 PB Drills/Practice PBC 9:00 PB Open Play PBC 9:00 Tennis Open Play 9:15 H2O Aerobics w/Betty FP 2:00 PB Adv. Play Men's PBC</p>	<p>30</p> <p>8:00 Fitness Together FH 8:00 PB Drills/Practice PBC 9:00 PB Open Play PBC 9:15 H2O Aerobics w/Dot FP 11:00 Senior Fitness Class AR 2:00 PB Advanced Play PBC</p>	